

## INSIGHTS + NEWS

### Nina Dow Spoke at Boston Bar Association Program “Bouncing Back: Overcoming Setbacks and Building Resilience”

The Boston Bar Association’s Senior Associates Forum Network, New Lawyers Forum Network, and Women of Color Attorneys’ Leadership Forum held an inspirational discussion on September 17 about overcoming setbacks and building resilience. Nina Dow spoke on a panel with attorneys who have faced and overcome significant challenges professionally and personally. Nina and the panelists discussed their tools and strategies for building resilience and thriving in the legal profession.